## 'lpSTsSl [HUMAN KNOWLEDGE.] *NOSCE TEIPSUM!* 145

- At first, she startles! then, she stands amazed! At last, with terror, she from thence doth fly! And loathes the wat'ry glass wherein she gazed! And shuns it still, though she for thirst do die!
- Even so, Man's Soul, which did God's Image bear, And was, at first, fair, good, and spotless pure; Since with her sins, her beauties blotted were, Doth, of all sights<sub>3</sub> her own sight least endure!
- For even, at first reflection, she espies Such strange CHIMERAS and such monsters there! Such toys! such antics! and such vanities I As she retires, and shrinks for shame and fear.
- And as the man loves least at home to be, That hath a sluttish house, haunted with sprites; So she, impatient her own faults to see, Turns from herself, and in strange things delights.
- For this, few *know themselves* | for merchants broke, View their estate with discontent and pain; And seas are troubled, when they do revoke Their flowing waves into themselves again.
- And while the face of outward things we find, Pleasing and fair, agreeable and sweet; These things transport and carry out the mind, That with herself, herself can never meet.
- Yet if Affliction once her wars begin, And threat the feeble Sense with sword and fire; The Mind contracts herself, and shrinketh in, And to herself she gladly doth retire,
- As spiders touched, seek their web's inmost part; As bees in storms, unto their hives return; As blood in danger, gathers to the heart; And men seek towns, when foes the country bum\*